

# **Hawthorn Community House Inc.**

## **No Nut Policy**

### **Purpose:**

The purpose of this policy is to ensure the health and safety of all participants at the Hawthorn Community House Occasional Childcare Centre, Playgroups and any other preschool programs. It is the policy of Hawthorn Community House Inc. that food-containing nuts are neither brought to nor eaten at the Occasional Childcare Centre. This is to avoid a potential life-threatening situation.

### **Broad Guidelines:**

We have introduced a “No Nut Policy” as many children have allergies to nuts and nut products. This policy is displayed on the notice board for your information.

### **Please do not include any of the following foods in your child’s lunch or snack:**

1. Peanut Butter, Nutella or any other nut spread.
2. Loose nuts of any kind (peanuts, cashews, hazelnuts, walnuts mixed nuts etc.
3. Biscuits containing nuts
4. Chocolate with nuts
5. Dried fruit with nuts

### ***Special requirements or considerations:***

*It is vital that this policy is adhered to, as nut consumption is a life-threatening situation for some children. Indeed, some highly allergic children can be affected by the mere smell of nuts. As such, please refrain from packing any foods containing nuts in your child’s lunch box.*

HCH No Nut Policy  
Ratified – C of M 8/22/2005  
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